IP BEST PRACTICES

The Color game

A best practice shared by InspiringPeople.

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The Color game

A DISC-light exercise turns 'we're all different' from a slogan into something the team can actually use.

Key steps

A quick DISC session is easy, fun, and gives real insight into how people behave and interact — raising awareness that being different is not a problem to solve but a strength to use. Works well with groups of fifteen to thirty.

Put summaries of the Red, Yellow, Green and Blue types on one page, give people five minutes to pick the colour they relate to most, then have each colour group define what makes them tick, their pitfalls, and how they can help others — and present it back.

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